

the **GROOVE** method™ institute



be unique. **DANCE.** live happy.

The GROOVE Method™ TEACHER TRAINING COURSE

The GROOVE Method™ is a revolutionary way of teaching! It's time to simplify and make dancing, movement and physical activity accessible to everyBODY using messaging that promotes a positive attitude towards physical activity and dancing! Learn how to teach easy and fun dance classes that encourage everyday people to **DANCE for the HEALTH of it!** Inspire individuals in your community to get active, move confidently, foster vibrant health and live a ridiculously fun and happy life!

Harrisonburg, VA
March 24-25, 2012
@UREC (JMU)
Register before **EARLYBIRD DATE**

Education Fees:
\$385 Early Bird (before Mar. 2)
\$450 Regular (after Mar. 2)
Student Rate: \$250

Register at: www.thegroovemethod.com